



Parents Not Partners

This six-session program is for separated parents in conflict over their children – where they should live, how much time they should spend with each parent, what school they should attend, or anything else concerning the children.

Parents who are separated will learn:

- about the effects on children of the ongoing parental conflict
- how to shift focus from the conflict with the other parent to child's needs
- skills to reduce conflict
- about parenting after separation
- how to transform the relationship with the other parent into a business-like partnership
- to better understand the emotional needs of each child in the family

Mondays, 6:30pm to 9:00pm

15 February to 21 March

Cost: \$150

Venue: Caringbah Interrelate

Address: 383-385 Port Hacking Road

Caringbah

Bookings Essential – Phone 8522 4408